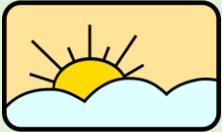
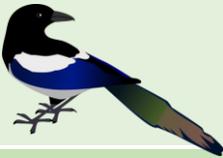


50 fun things you can do at home



<p>Become a photographer — use a phone or camera to take some interesting photos.</p>	<p>Do some baking —follow one of the easy recipes provided.</p> 	<p>Build a reading den —get your favourite book and snuggle up.</p>	<p>Plant some seeds and watch them grow.</p> 	<p>Paint a rock —try to make it into something that you can look at to brighten up your day.</p>
<p>Use your sewing skills — make something useful or fun.</p> 	<p>Story time —take it in turns to read to each other. Use different voices to help the story come alive.</p>	<p>Start a diary—it could include what you do each day or your hopes, thoughts or feelings.</p>	<p>Create some wild art — find things at the park or in your garden and turn it into a piece of art.</p>	<p>Get up early and watch the sunrise.</p> 
<p>Try finger painting— get messy and see what you can create using your fingers.</p>	<p>Learn to say hello in 10 different languages.</p> 	<p>Play a game like Charades or Pictionary.</p>	<p>Go cloud watching - what shapes can you see in the clouds?</p>	<p>Create your own exercise routine— you could be the next Joe Wicks.</p> 
<p>Go bird watching — either on a walk or from your window.</p> 	<p>Call or message someone you haven't seen for a while—remember to ask for permission first.</p>	<p>Make a wooden spoon puppet—turn a wooden spoon into anything from a ballerina to a dragon.</p> 	<p>Have a movie night with your family—get out the popcorn and choose a good film to watch together.</p>	<p>Race paper aeroplanes— which ones go furthest? Remember not to leave them lying around as litter.</p>
<p>Build something —you could use Lego, card, playdough. What can you create?</p>	<p>Make a healthy smoothie—use some of your favourite fruits if you can.</p> 	<p>Build a home for wildlife—it could be small insects or something bigger like a bird or fox.</p>	<p>Thank a hero — write a letter or card to someone you think is a hero.</p> 	<p>Film a Vlog —a day in your life during lockdown.</p>

Choose a few of these activities to try.



50 fun things you can do at home

(part 2)



Make a pizza from scratch — choose your favourite toppings.



Write a list —it could be things that make you happy, what you are grateful for or good at.

Design and draw a new species of animal— you could use some characteristics of other animals in your design.

Treasure hunt— write the clues and hide them around the house see who can find the treasure first.

Create a family kindness jar — every time someone does something kind write it down and put it in the jar.

Write and perform a song or a rap—choose a topic that interests you to sing about.

Design your own theme park— what rides would you include? Where would it be? What theme would it have?

Play the alphabet game—choose a topic and try to think of a word beginning with each letter of the alphabet.

Write a recipe for happiness— what are the most important ingredients?

Have a go at origami



Write some jokes or riddles and tell them to your family.



Junk modelling— collect recycling items from around your home and see what you can create with them.

Become a time traveller —travel to a different time, write a story or draw a picture about what it is like, who you meet etc.

Make your own bookmark for when you are reading.

Make up a dance routine to your favourite song.



Potato printing— cut a design into an old potato and use to it print a pattern on some paper

Become a superhero for a day—how will you help others when they need it? You could design your own superhero outfit.

Become a quizmaster — write your own quiz for your family. Who will win?



Draw your view — sketch what you can see from your window.

Make a scrapbook— include anything you have around your home that has a meaning or memory for you.

Create a family album or a family tree.

Make some jewellery—use things you have around the house.

Have a compliment day— say kind things to people as often as you can for the day.

Have a living room picnic —put down a sheet and make a picnic indoors.

Hello Me —write a letter to yourself that you will open in 10 years' time.



Choose a few of these activities to try.

