

PE at Alexandra Primary School: Dance

Year 2

- Explore, remember, repeat and link a range of actions with co-ordination, control and awareness of the expressive qualities of dance.
- Explore the change of rhythm, speed, level and direction.
- Compose and perform short dances that express and communicate moods, ideas and feelings choosing and varying simple compositional ideas.

Year 3

- Create dance phrases that communicate ideas.
- Create dance phrases with a partner and in a small group using canon and unison.
- Repeat, remember and perform these phrases in a dance.
- Use dynamic and expressive qualities in relation to an idea.
- Use counts to keep in time with a group and the music.
- Recognise and talk about the movements used and the expressive qualities of dance.

Year 4

- Respond imaginatively to a range of stimuli related to character and narrative.
- Use simple motifs and movement patterns to structure dance phrases on my own, with a partner and in a group.
- Use formation, canon and unison to develop a dance.
- Refine, repeat and remember dance phrases and dances.
- Perform dances clearly and fluently.
- Describe, interpret and evaluate dance, using appropriate language.

Year 1

- Explore movement ideas and respond imaginatively to a range of stimuli.
- Move confidently and safely in their own general space using changes of speed level and direction.
- Compose and link movements to make simple beginnings, middles and ends.
- Perform movement phrases using a range of body actions and body parts.

Year 5

- Adapt and refine actions, dynamics and relationships in a dance.
- Perform different styles of dance clearly and fluently.
- Recognise and comment on dances, showing an understanding of style.
- Suggest ways to improve their own and other people's work.

Early Years

- Explore and copy basic body actions and rhythms.
- To be able to negotiate space confidently, using appropriate strategies.
- To be able to use their bodies to imitate motifs from stories and topics such as animals, trees, etc...
 - To begin to respond with their bodies to different types of music.

Year 6

- Work creatively and imaginatively, individually, with a partner and in a group to choreograph motifs and structure simple dances.
- Adapt and refine actions, dynamics and relationships to improve a dance.
- Choreograph a dance using props.
- Perform dances fluently and with control.
- Use appropriate language to evaluate and refine their own and others' work.

Perform

Aspire

Succeed



The learning doesn't stop here!

GO

