

PE at Alexandra Primary School: Games Understanding

Year 2

- Engage in competitive physical activities (both against self and against others)
 - Participate in team games
 - Developing simple tactics for attacking and defending.
 - Able to reflect on and develop skills to improve.
- Understand how to use equipment safely.

Year 3

- Pupils are familiar with basic rules of games. They are beginning to apply them in a range of situations.
- Pupils can identify when they are successful and the next steps in their learning
- Pupils are able to identify the sporting spirit values. They can give examples of when they could demonstrate them during a game situation.
- Understand how to use equipment safely.

Year 4

- Pupils are familiar with basic rules of games. They are beginning to apply them in a range of situations.
- Pupils can identify when they are successful and the next steps in their learning
- Pupils are able to identify the sporting spirit values. They can give examples of when they could demonstrate them during a game situation.
- Understand how to use equipment safely.

Year 1

- Begin to apply basic movements in a range of activities
 - Work individually and with others. Engage in cooperative physical activities.
 - Engage in competitive physical activities (both against self and against others)
 - Participate in team games.
- Understand how to use equipment safely.

Year 5

- Pupils are able to show a good understanding of a variety of games. They can adapt the rules of a game for an intended purpose.
- Pupils are able to assess their own performance and the performance of others to identify areas for development.
- Pupils consistently demonstrate the sporting spirit values in a range of games situations
- Understand how to use equipment safely.

Early Years

- Work individually and with others. Engage in cooperative physical activities
- Participate in team games.
- Understand how to use equipment safely

Year 6

Awareness of body changes during exercise (heart rate, heavying breath, hot, sweaty).
 Awareness of how exercise is important for a healthy body and lifestyle.
 Awareness of how exercise can help support our mental wellbeing.
 Understanding the importance of exercise and sport in social environments.

Perform

Succeed

Aspire



The learning doesn't stop here!

