



Activities for the Summer (KS2)

These are some ideas for activities you can do with your child over the summer when you have a spare 10 minutes, are out and about, or on a rainy afternoon. They will help to keep their brain active and learning.

English	
Reading for pleasure	Choose a book they enjoy and read for at least 10 minutes every day. Talk to them about what they are reading and ask them to summarise the story. In addition, they could write a book recommendation or score the book out of 10 and explain why. Visit Hounslow library for them to choose a new book to borrow. Join the free Scholastic Summer Reading Programme
Build in reading at every opportunity	When your child is watching TV have the captions turned on and the sound down low. When out shopping, ask your child to read the shopping list out to you. When cooking, read the recipe out loud. Read the instructions when playing a game.
Music	Listen to music and write their own version of their favourite song.
Tour Guide	Be a tour guide for somewhere you visit. Think about the vocabulary they could use to describe what they see, making it as exciting as possible.
Spelling games	Play games like Scrabble or Bananagrams to help practice spelling and see if they can use some of the words in a sentence.
Sentence-at-a-time story	A great activity to play as a group. One person starts the story with a sentence and everyone takes it in turns to carry it on. Start each new sentence with time conjunctions or adverbials (next, later on, after that, just then, suddenly, finally).
Synonym or Antonym game	Choose a word and see how many synonyms or antonyms you can think of. The winner is the person who thinks of the most.
Write a postcard	If you are going on holiday or even out for a day, give your child a postcard to write about what they have done and send it to a friend or family member.

Maths	
Cooking	Cook together encouraging your child to measure out the ingredients and follow the recipe.
Managing money	Give your child a budget for a day out. See if they can plan things to do within budget for the whole family. This can be as simple as a trip on the bus to go to the park or it can be something more adventurous.
Shopping	Use shopping as an opportunity to develop understanding of money by asking them questions e.g. If I buy this item, how much change will I get from £10? How much will these items cost altogether? Which items weigh the most? Which of these 2 items is better value for money?
The number spotting game	Look at the numbers on number plates, buses, in shops (anywhere you can see them) and create challenges for your child - add them together, multiply/divide, make the biggest number you can. You can use this game to practice times table knowledge too.
How long?	Practice estimating the time it will take to travel a distance. This can be walking, cycling or in a car or bus. Use maths skills to calculate the difference between the estimate and the time that it actually took. Who was the closest?

Wellbeing	
Exercise	Ensure your child gets plenty of exercise. Try to make sure they do something every day, even if it is just a short walk.
Learn a new skill	Try playing a new instrument, learn to juggle, ride a bike or play a new sport.
Healthy meals	Let your children plan their food or a specific meal during the day. Have they included a range of healthy foods? Use the Eatwell Guide to help them check.
Family time	Spend time doing something as a family that you all enjoy.
Mindfulness	Spend 5 minutes each day doing an activity that calms your child's mind or emotions e.g. calming breathing activities, cloud gazing, listening to music or a mindful walk noticing all the little things that they see.