

Wellbeing and Pastoral

- Children came back to school in September and settled well.
- Last year we ran a KS2 program for Wellbeing. This term this is continuing and has been extended to KS1. This comprises of a mixture of whole class wellbeing sessions and small group sessions led by TAs in the year group. The aim is for every child to receive at least one small group session every half term.
- All classes have been looking at improving breathing as a way of helping with stress and anxiety. Through a programme called School Breathe, each class have been doing a daily 5 minute breathe activity that develops a new technique each week.
- We are just beginning some work with a charity called 'We are Stronger Together' which will coincide with Anti-bullying week and the theme of 'One Kind Word'. The aim of the project is to increase children's wellbeing, prevent and reduce bullying, and educate on nutrition.
- Online staff training has continued to be made available on the National Online Safety website.
- Flu vaccinations have been offered to those staff that wished to have one.
- For staff wellbeing we have continued with Thank You Thursday where staff can nominate each other to say thank you.
- To help manage workload and so that staff have advanced notice of upcoming monitoring, INSETs, meetings etc. a half termly calendar has been shared with all staff.
- All staff have been signposted to support services should they need it and the wellbeing board in the staffroom is continually updated.
- The wellbeing wing is being used for different outside agencies and some of our pastoral support.
- We continue to use the 'Talk to me' box and the children are using it well.
- Young Carers are now meeting as a whole group again every week. We currently have 13 children attending the group.
- ELSA's are receiving outside supervision to support them with their role.

Next steps:

- To monitor the impact of the wellbeing sessions through CPOMs, TA, class teacher and pupil feedback
- Implement the planned programme with 'We are Stronger Together' this half term.
- To work towards achieving an updated Healthy Schools accreditation.

School Council

- Classes from Year 1 to Year 6 have democratically elected a school council representative for their class and they have elected a chair and vice chair from the Year 6 school council members.

- So far, we have held 2 school council meetings for KS2 and will begin to include KS1 this half term. At these meetings we have discussed a range of topics including:
 - Curriculum areas they enjoy and what they like about them. The children were enthusiastic about school and keen to share their views. Almost all subjects were mentioned at least once with Science and PE being particularly popular due to their practical and active elements.
 - Fundraising ideas for Children in Need
 - Creating a set of lunchtime expectations to be displayed in the hall
 - Their understanding of wellbeing and generating ideas to continue to promote it in school.
 - Class charters, what they understand about their rights and how their classes are using them.
- In addition, School Council have helped to encourage their classes to participate in some different activities this term, including contributing to a lockdown memories scrapbook and taking part in some virtual climate change workshops to coincide with COP26.
- We are continuing to use Smart School Councils, which gives us an online tool to facilitate whole class discussions and canvas opinion across KS1 and 2 so that all children have a voice in school. School council members then discuss ideas raised through these class meetings and from that we can develop project teams to work on them where necessary.
- The smart school council meetings held so far this term have shown that the majority of children felt either relaxed, happy or excited to be back at school in September. They also had the opportunity to vote for their choice of reward when their class achieves 100% attendance.