

# Alexandra Primary School



## Alexandra

Primary School

**Aspire, Perform, Succeed**

**A policy for supporting and safeguarding those children  
with Asthma in school**

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# Asthma Policy

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## School Aims

At Alexandra Primary School we aim to encourage all children to:

- **Aspire** to be successful learners who enjoy learning
- **Perform** as well as they can make progress and achieve and become confident individuals who are able to live safe and fulfilling lives
- **Succeed** as responsible citizens who make a positive contribution to society

*When our children leave Alexandra Primary, we want them to be prepared for their future, have the skills to succeed, know how to think and learn in order to overcome whatever challenges they might meet and to make the most of every opportunity.*

Our motto is

**Aspire, perform, succeed**

The values that underpin this can be set out under the following headings.

### To Develop An Understanding Of Self

Each child should be guided to

- Develop an appreciation and awareness of self
- Become independent learners and thinkers
- Achieve their fullest potential regardless of their ability and gender
- Have high personal expectations of work and behaviour

- Have a positive attitude towards their own learning
- Show a healthy attitude to living an active life through sport and other recreational activities

### **To Develop An Understanding Of Relationships**

Each child should

- Care for others and oneself
- Demonstrate compassion
- Show mutual respect and tolerance for spiritual and cultural diversity
- Understand the importance of learning together, and working together as a team

### **To Develop An Understanding Of Society**

Each child should endeavour to become

- Good citizens
- Effective and constructive members of the community
- Able to appreciate and celebrate their own and others success
- Valuable members of the school community

### **To Develop An Understanding Of The Environment**

Each child should

- Take an active role in caring for the learning environment of the school
- Be safe and cared for in a stimulating learning environment
- Appreciate and respect the environment of the school

As Alexandra Primary (APS), every child deserves to succeed regardless of their ability.

### **The Principles of our school Asthma Policy**

- The School recognises that asthma is an important condition affecting many school children and welcomes all children with asthma
- Ensures that children with asthma participate fully in all aspects of school life including PE
- Recognises that immediate access to reliever inhalers is vital
- Keeps records of children with asthma and the medication they take
- Ensures the school environment is favourable to children with asthma
- Ensures that other children understand asthma
- Ensures all staff who come into contact with children with asthma know what to do in the event of an asthma attack
- Will work in partnership with all interested parties including all school staff, parents, governors, doctors and nurses, and children to ensure the policy is implemented and maintained successfully

This policy has been written with advice from the Department for Education and Employment, National Asthma Campaign, the local education authority, the school health service, parents, the governing body and pupils.

- APS recognises that asthma is an important condition affecting many school children and positively welcomes all pupils with asthma.
- This school encourages children with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff and pupils. Supply teachers and new staff are also made aware of the policy. All teachers, and at least one member of staff in each year group is provided with asthma training on a regular basis. Miss Carla, welfare officer has a list of school staff trained in this area. This training is provided by the School Nursing Service.

## Medication

Immediate access to a reliever inhaler is vital. Children are encouraged to carry their inhaler as soon as their parents, carer, doctor, nurse or class teacher agree they are mature enough to manage their own medication. Children should always tell their class teacher or first aider when they have had occasion to use their inhaler.

Records are kept each time an inhaler is used. The reliever inhalers of younger children are kept in their individual classroom in a designated first aid area marked with a green and white first aid sign.

All inhalers must be labelled with the child's name by the parent. School staff are not required to administer medication to children except in an emergency, however many of our staff are happy to do this. **All school staff will let children take their own medication when needed.**

## Record Keeping

When a child joins the school, parents are asked to inform the school if their child is asthmatic. All parents of children with asthma are required to complete a **parental request for administration of salbutamol inhaler and emergency inhaler form** and return it to the school. From this information the school keeps its asthma register which is displayed on the medical need lists in Year Group Cupboard and first aid room. If any changes are made to a child's medication it is the responsibility of the parents or carer to inform the school.

APS does hold 2 emergency inhalers and a spacer as per 'Guidance on the use of Emergency Salbutamol inhalers in schools' March 2015. This medication can only be administered to children on the Asthma Register (or children who have been prescribed an inhaler for cold/wheezing). First Aid staff have been trained to administer the emergency inhaler.

Parents of children with Asthma ( or who require an inhaler) are sent a letter asking permission for the emergency inhaler to be used in the event that their own inhaler is not available. See Appendix 1 attached. Parents will be informed by phone if they have used the emergency inhaler.

Asthma inhalers for each child are regularly checked for expiry dates by the Welfare Assistant. Each child's inhaler is kept in their own classroom in a named wallet containing their individual medication and record book, in their class medical bag which is visible.

All staff members are responsible for acquainting themselves with the triggers of a possible attack (allergies, colds, cough, cold weather) for each individual in their care. All this information is found in their class medical bag along with their medication.

## **PE**

Taking part in sports is an essential part of school life. Teachers are aware of which children have asthma from the asthma register. Children with asthma are encouraged to participate fully in PE. Teachers will remind children whose asthma is triggered by exercise to take their reliever inhaler before the lesson (if needed). Each child's inhaler will be labelled and kept in the yellow class medical bag at the site of the lesson. If a child needs to use their inhaler during the lesson, they will be encouraged to do so. Records are kept every time a child uses their inhaler. Each child has a personal record book kept with their inhaler pack, in the yellow medical bag

### **School Trips and Outside Activities**

When a child is away from the school classroom on a school trip, club, outside sport or PE, their inhaler should accompany them and be made available to them at all times.

### **The School Environment**

The school does all that it can to ensure the school environment is favourable to children with asthma. The school does not keep furry and feathery pets and has a non- smoking policy. On occasion, the Reception classes do take part in the egg/chick scheme. Teachers will be aware of any child who has a fur or feather allergy and will act appropriately. As far as possible the school does not use chemicals in science and art lessons that are potential triggers for children with asthma. Children are encouraged to leave the room and go and sit in the break out area if particular fumes trigger their asthma.

### **Making the School Asthma Friendly**

The school ensures that all children understand asthma. Asthma can be included in Key Stages 1 and 2 in science, design and technology, geography, history and PE of the National Curriculum. Children with asthma and their friends are encouraged to learn about asthma; information for children and teens can be accessed from the following website [www.asthma.org.uk](http://www.asthma.org.uk).

### **When a Child is falling behind in lessons**

If a child is missing a lot of time from school because of asthma or is tired in class because of disturbed sleep and falling behind in class, the class teacher will initially talk to the parents. If appropriate the teacher will then talk to the school nursing team and special educational needs coordinator about the situation. The school recognises that it is possible for children with asthma to have special education needs because of asthma.

### **Asthma Attacks**

All staff who come into contact with children with asthma know what to do in the event of an asthma attack. The school follows the following procedure, which is clearly displayed in all classrooms.

- 1. Ensure that the reliever inhaler is taken immediately.**
- 2. Stay calm and reassure the child.**
- 3. Help the child to breathe by ensuring tight clothing is loosened.**

### **After the attack**

Minor attacks should not interrupt a child's involvement in school. When they feel better they can return to school activities. The child's parents must be informed about the attack.

### **Emergency procedure**

If the pupil does not feel better or you are worried **at any time** before reaching 10 puffs from the inhaler, **call 999 for an ambulance**.

If the ambulance has not arrived after 10 minutes, give an additional 10 puffs as detailed above.

In the event of an ambulance being called, the pupil's parents or carers should always be contacted.

In the event of a pupil being taken to hospital by ambulance, they should always be accompanied by a member of staff until a parent or carer is present.

## Appendix 1 Parental request for administration of salbutamol inhaler and emergency inhaler



### PARENTAL REQUEST FOR ADMINISTRATION OF SALBUTAMOL INHALER AND EMERGENCY INHALER

<b>Child's Name:</b>		<b>Class:</b>	
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**Name of Medication: Salbutamol Inhaler**

Please tick as appropriate:

My child has been diagnosed with Asthma and has been prescribed a reliever inhaler	<input type="checkbox"/>
My child has not been diagnosed with Asthma but has been prescribed a reliever inhaler and used as advised by the GP	<input type="checkbox"/>

Number of puffs	When to be given/ Triggers

**Contact Information:**

First Contact:		Second contact:	
Mobile:		Mobile:	
GP Surgery Address and Phone:			

**PARENTS**

I clearly understand and accept that:

- Inhalers must be delivered to the school personally.
- I understand it is the parent's responsibility for advising the school of changes in dosage about my child's health.
- My child will use their inhaler independently and a member of staff may assist if necessary.
- Inhalers must be replaced immediately when they expire or have been fully used.
- Inhalers will not be administered unless this form is fully completed.

**Signed:** \_\_\_\_\_ (Parent / Guardian) **Date:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**EMERGENCY INHALER**

1. My child has a working, in-date inhaler, clearly labelled with their name, which must be replaced immediately when expired or has been fully used.
2. In the event of my child displaying symptoms of asthma or difficulty breathing, and if their inhaler is not available or is unusable, **I consent for my child to receive salbutamol from an emergency inhaler held by the school.**
3. Parents will be informed if the school emergency inhaler is used.

**Signed:** \_\_\_\_\_ (Parent / Guardian) **Date:** \_\_\_\_\_

**Name:** \_\_\_\_\_