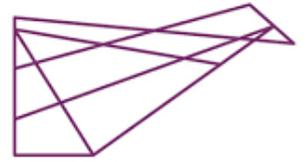




London Borough
of Hounslow



LEARNHOUNSLOW

COURSES FOR PARENTS & CARERS

A selection of free courses designed to help you support your child's wellbeing and education

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Your Child's Maths in Everyday Life

About the Course

This is a classroom-based course, which will be held at one of our venues. FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own skills.

The intent of this course is to support parents and carers to involve all their family in understanding the importance of maths in everyday life. This course will help you develop your own maths skills and use them in everyday life as well as understand how maths is taught in school through the National Curriculum.

We hope that this course will enable you to support your child's learning through fun and interesting activities in their everyday life.

Course Learning Outcomes

- Recognise aspects of maths in everyday life
- Link 'everyday maths' to the Maths National Curriculum to support your child's learning
- Generate a bank of games/resources to use with your child to promote maths in everyday life.

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

This course is for those who have a child/ren in Primary school (Ages 4-12)

If you need any additional support, please call us.

Multiply



The Money Minded Family

About the Course

This is a classroom-based course, which will be held at one of our venues. FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own skills.

The intent of this course is to support parents and carers to involve all their family in understanding the importance of money and family finances. This course will help you develop your own maths skills and use them in everyday life as well as understand how maths is taught in school through the National Curriculum.

We hope that this course will enable you to support your child's learning, as well as develop your own maths skills, to find ways to save money and reduce family spending through fun and interesting activities.

Course Learning Outcomes

- Develop your own maths knowledge and skills
- Apply maths skills to support family finances
- Use the National Curriculum for maths to support your child's learning and increase their awareness of money through a range of activities and resources.

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

This course is for those who have a child/ren in Primary School; Year 1 to 6 (Ages 5-11)

If you need any additional support, please call us.

Multiply



Keeping your children safe online

About the Course

This is a classroom-based course, which will be held at one of our venues. Parenting courses are aimed to help parents and carers enhance their relationship with their child, as well as a chance to share ideas with other parents and develop support skills.

The intent of this course is to support parents and carers to understand the advantages and risks of the Internet on their children's development and develop strategies to eliminate these risks.

Course Learning Outcomes

- Understand the online risks that your child might be exposed to
- Understand the terminology used in the online world related to online safety
- Understand how parental controls can be used to advice on sexting, online games and video apps to keep your child safe

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

- To be a parent/carer

If you need any additional support, please call us.



Building Security

About the Course

This is a classroom-based course, which will be held at one of our venues. Parenting courses are aimed to help parents and carers enhance their relationship with their child, as well as a chance to share ideas with other parents and develop support skills.

This is a parenting course to support emotional attachment and security within the family.

Course Learning Outcomes

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions and enhance the development of your child's self esteem
- Honour your innate wisdom and desire for your child to be secure

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

- To be a parent/carer (ideally to have children between the ages of 0-7 years)

If you need any additional support, please call us.



In Their Shoes: Understanding Children's Mental Health

About the Course

This is a classroom-based course, which will be held at one of our venues.

Parenting courses are aimed to help parents and carers enhance their relationship with their child, as well as a chance to share ideas with other parents and develop support skills.

On this course you will explore the world from your child's perspective. You will learn how to 'read' your child's emotions and how outside factors can influence your child's wellbeing. You will also explore ways on how to connect with your child in a way that will support your child's emotional well-being and resilience.

Course Learning Outcomes

- Understand factors that may influence your child's mental health
- Understand the pressures of society and how to stay connected to your child's needs and wellbeing
- Discuss how to support your child's holistic needs and the importance building strong attachments/connections

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

- To be a parent/carer

If you need any additional support, please call us.



Early Years: Playing With Numbers

About the Course

This is a classroom-based course, which will be held at one of our venues.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's nursery or school, as well as a chance to share ideas with other parents and develop their own skills.

This course will explain the different aspects of maths in the Early Years and will give you an understanding of the expectations of the Early Years Foundation Stage. You will learn about the importance of maths skills in your child's learning and development and discover activities and resources that will make maths fun.

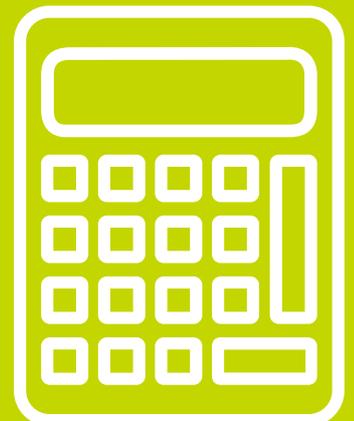
Course Learning Outcomes

- Understand what is included in maths in the Early Years setting
- Understand the importance of early maths skills for young children
- Use different activities to engage with your child through fun maths activities

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

- To have a child in Nursery or Reception class in primary school
- If you need any additional support, please call us.



Early Years: The Sounds Of English

About the Course

This is a classroom-based course, which will be held at one of our venues.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's nursery or school, as well as a chance to share ideas with other parents and develop their own skills.

This course will give you an understanding of the sounds that make up the English language and how these are taught in the Early Years through phonics. You will learn how to support your child's phonics through fun activities and understand how phonics helps children to learn to read and write.

Course Learning Outcomes

- Understand what phonics is and how it is taught in the Early Years
- Understand the importance of phonics and how it supports reading and writing
- Use different fun activities to support your child's phonics, reading and writing

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

- To have a child in Nursery or Reception class in primary school
- If you need any additional support, please call us.



Keeping up with Children's KS1 English & Maths wider curriculum

About the Course

This is a classroom-based course, which will be held at one of our venues.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own skills.

The intent of this course is to support parents and carers to understand the National Curriculum for mathematics and English and how these link to all subjects within the National Curriculum. We hope that this course will enable you to support your child's learning through fun and interesting activities.

Course Learning Outcomes

- Demonstrate that you understand the National Curriculum for English and maths
- Select a range of activities and resources from the National Curriculum for English and maths to use with your child at home to support their learning
- Understand how English and maths are embedded in other subjects within the National Curriculum
- Use your English and maths skills to support your child's learning in subjects such as Science, History and Geography

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

This course is for those who have a child/ren in Year 1 or 2 (Ages 5-7)
If you need any additional support, please call us.



Keeping up with children's Maths KS2

About the Course

This is a classroom-based course, which will be held at one of our venues.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own skills.

This course will explain the aims of the National Curriculum for maths in Key Stage 2 and demonstrate how maths is taught in schools. You will learn different strategies that will help you support your child with maths at home and discover activities and resources that make maths fun.

Course Learning Outcomes

- Understand the aims of the National Curriculum for maths in Key Stage 2
- Understand how maths is taught in school
- Use different strategies to support you child with maths
- Use a range of activities and resources to support your child in maths

Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

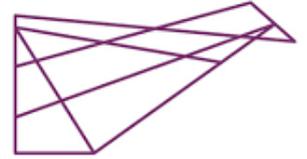
This course is for those who have a child/ren in Year 3,4,5 or 6 (Ages 7-11)

If you need any additional support, please call us.





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LEARNHOUNSLOW

Venues

**Meadowbank Adult Education Centre
Community Close, Cranford TW5 9QX**

**Kingsley Academy
Cecil Road, Hounslow TW3 1NX**

**Feltham Library
The Centre, High Street Feltham TW13 4GU**

**Beavers Library
103 Salisbury Road, Hounslow TW4 7NW**

**Heston Library
New Heston Road, London TW5 0LW**

**Hounslow House Library
First floor, 7 Bath Road, Hounslow, TW3 3EB**

**Brentford Library
Boston Manor Road, Brentford TW8 8DW**

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