



London Borough  
of Hounslow



EARLYHelp  
Support when you need it



## Show your Support and Solidarity for Victims of Domestic Abuse

The coronavirus pandemic is presenting very challenging circumstances for people living through domestic abuse and we want victims of domestic abuse know they are not alone.

We are encouraging everyone to show their support and solidarity for victims of abuse during these difficult times by drawing a heart on the palm of the hand and sharing this on your social media using the hashtag **#YouAreNotAlone**

**Remember our message to anyone facing domestic abuse is really simple:**

- We are still here and we are still able to help you.
- If you are not safe at home, social isolation does not mean that you cannot leave.

Our specialist domestic and sexual violence service for Hounslow is still open (they can be contacted on 07810 031780 (Open Mon-Fri 9am-5pm) and we have developed new ways of working to support anyone experiencing domestic abuse during the Coronavirus pandemic.

Download and/or share our [safety card](#) with friends, family members, neighbours and colleagues and for more support and advice please visit [www.hounslow.gov.uk/dvinfo](http://www.hounslow.gov.uk/dvinfo)

Anyone in immediate risk of danger call 999. If it is not safe to speak then you should use the silent solutions service by dialling 999 and press 55 and the police will know this is related to a domestic incident and will be able to help you..

### Safe spaces in Boots Pharmacies

Boots pharmacies now offer safe places where anyone suffering domestic abuse can use the pharmacy consultation rooms to contact specialist abuse services for support and advice. The access to support services in Boots Pharmacies include:

- 24-hour National domestic abuse helpline: 0808 2000 247
- Men's advice line: 0808 801 032
- Signposting to download free mobile app Bright Sky, which provides support and information to anyone who may be in an abusive relationship or those concerned about someone they know.

**How to access safe spaces in Boots pharmacies** Simply go into any Boots store and ask at the healthcare counter to use their consultation room. Once inside, all the specialist domestic abuse support information will be available to make any calls in a safe and confidential environment.

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## Dealing with loss – Young People

Bereavement is one of the toughest things any of us will ever go through. The current isolation and social distancing measures in place in response to the coronavirus pandemic can make the situation particularly difficult. People are not able to be with their loved ones to offer comfort and support in person, and limits on who is able to attend funerals often means difficult choices must be made, making it an even more challenging time for those most affected.

To offer support to families, Hounslow Community Hub have put together [some resources and guides](#) on how to cope with a loved one's death and where to go for more information and advice.

As a sneak peek to our resource bank, please find below some resources specifically sourced by the Early Help Hub that can help young people to cope with loss:

[Dealing with Bereavement – Barnardo's](#)

[Bereavement and Young People - NHS](#)

[Winston's Wish – Giving hope to grieving children](#)

[Grief Encounter - Supporting bereaved children and young people](#)

[Hope again – young people living after loss](#)

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## Additional support available from the Early Help Hub to schools, playgroups and day nurseries

The Early Help Hub is offering to undertake welfare calls to families where schools are particularly concerned about vulnerability, and are unable to maintain contact due to partial closure. **Where families already have an allocated Social Worker they should remain the point of contact during this time.**

Calls will consist of:

- Check-in on the family's situation
- Signposting and linking to services/community resources
- Providing information, advice and guidance
- Linking with children's social care or other appropriate service if there is a safeguarding concern or the family is in crisis
- Arranging follow-up calls if required

The Hub will NOT be able to offer:

- x Money
- x Food
- x Accommodation

- x Family support in the home

If you would like the Hub to check-in with a family, and the family have consented to this, please complete the attached form letting us know details. The Hub is a small team and there are a large number of schools and Early Years Settings in the borough. Therefore, we suggest that secondary schools nominate no more than 10 families, and primary schools no more than 5. Playgroups and day nurseries can nominate up to 2 families each.

If you have questions or would like to discuss, please contact  
[earlyhelphub@hounslow.gov.uk](mailto:earlyhelphub@hounslow.gov.uk)

**Looking for information about the current status of Early Help service delivery? See our attached Service Dashboard**

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Disclaimer - Early Help Bitesize is a conduit for information on EH initiatives to be shared across the Early Help Partnership. These initiatives may be of professional interest to our readers but are not explicitly endorsed by the Early Help Hub or LB Hounslow

**Please send us details of events / services which you would like to share through Early Help Bitesize**

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**Quick Links**

[Hounslow Early Help Offer](#) ° [Hounslow Family Services Directory](#)

<u>Team Manager</u> <a href="#">Michelle Acheampong</a> 020 8583 3881	<u>Early Help Hub</u> <a href="#">020 8583 6653</a>	<u>Business Support Officer</u> <a href="#">Kajal Bakshi</a> 020 8583 6806
<u>EHP for East</u> <a href="#">Sarina Dhillon</a> 020 8583 3819	<u>EHP for Central</u> <a href="#">Adaisha George</a> 020 8583 4486	<u>EHP for West</u> <a href="#">Chantelle Hall</a> 020 8583 2991