



This week's Top Tip for Talking:

Every day, find 5 minutes to play with your child where they choose the toy. *Get down to your child's level.* Even better, try and position yourself so that you're face to face! Being on the same level as your child helps you to:

- See and hear each other better
- Feel like you are both really engaged in the conversation
- Show your child that you are really listening and with them
- They can see your facial expressions, and learn to read your reaction to their actions and stories
- You can notice and respond to all of your child's communication: facial expressions, gesture, eye contact, as well as their talking
- Join in the play in their way!





*Images courtesy of: Instagram @sussexroyal; http://factsheets.okstate.edu/documents/t-2247-co-parenting-the-unique-role-of-fathers/ © DASNR 2019

Did you know...?

- 50% of child's learning occurs in first 4 years
- This development is largely due to their environment
- Delayed language development is the single most common difficulty in preschool years (Law, 1999