



**Thought for the Day:**

"Relax and refuse to let worry and stress rule your life.  
There is always a solution to every problem.  
Things will work out for you when you take time to relax, refresh,  
restore and recharge your soul."  
~ Lailah Gifty Akita

**Question of the Week:**

**What is something you are certain you  
know you will never experience?**

Dear Parents and Carers,

As part of our assembly themes we have been talking to the children about self-confidence, self-belief, being independent and being resilient. These are themes that will reoccur during the course of the year. We ask children to reflect on what they already know and how they can develop their own attributes through the activities they participate in. We ask for your support by encouraging the children in these areas. If you are unsure, please come and speak with a member of staff, as we can suggest activities and opportunities to promote these attributes.

Reading is also a big part of what we do at APS. We ask children to read daily, however we also want to promote reading for pleasure and enjoyment. We ask for your support in this too by helping to model reading with your child and by asking questions about the story, character, setting and book that your child reads. We will be adding more resources to the reading section of the school website shortly to support parents with this.

**Year 6 parents, please ensure that you have completed the secondary transfer application process which closes on 31<sup>st</sup> October. Go to [https://www.hounslow.gov.uk/info/20032/secondary\\_admissions/1907/apply\\_to\\_transfer\\_to\\_secondary\\_school](https://www.hounslow.gov.uk/info/20032/secondary_admissions/1907/apply_to_transfer_to_secondary_school)**

**Reception applications for APS also need to be made via:**

**[https://www.hounslow.gov.uk/info/20028/primary\\_admissions/1906/primary\\_school\\_admissions](https://www.hounslow.gov.uk/info/20028/primary_admissions/1906/primary_school_admissions)**

**Nursery:** This week we have been looking at the colours red, green, yellow and blue. We have been playing matching games and trying to help the children remember the colour group that they are in. We have been exploring the resources in the Nursery and model how to play in these areas. We have been counting in different ways and singing a range of number songs.

**Reception:** The children in Reception have had a busy week. During the daily phonic sessions, the children have been learning the phonemes s,a,t and p and beginning to blend the sounds to read words. In Maths the focus has been learning facts about the number 2, to recognise the numeral, to count 2 objects and to explore different ways that 2 is represented. As part of our topic work the children have been learning about foods that will help us be healthy.

**Year 1:** This week Year 1 have continued to focus on the text 'Only one you'. The children have been exploring what a setting is and creating their own setting for the story. The children have been learning about finding 1 more/1 less than a given number. They have been discussing what happens when more or less is added. The children are continuing to develop their confidence in computing when logging on and exploring programs. In Science this week the children have started to talk about and identify the 5 different senses.

**Year 2:** Year 2 have continued studying place value and are attempting more challenging partition models, including creating different part whole models for the same number. Whilst in English, we have been practicing our letter writing in the same style as 'The Day the Crayons Quit'. In Art we have started looking at Kandinsky and his amazing world of colour! Please could you help your child learn their Nativity audition lines ready for Friday, when the auditions fully begin! Good luck!

**Year 3:** In English, we have continued our learning based on 'Stone Age Boy'. We have used fronted adverbials to re call events of the story and to write from the point of view of the main character. We used our imagination to transport us back to the Stone Age and used our senses to describe what it would be like to be inside a cave! In Topic, we have learnt about the role of hunters and gatherers during the Stone Age and are extremely excited about our forthcoming Stone Age day! In Maths we are using visual representation to help with adding and subtracting 100 to other digit numbers. In Spanish, we have learnt different greetings and have enjoyed practising them with one another.

**Year 4:** In English this week, we have used influences from books we have read to help us create our own imaginary worlds. These worlds will be the setting for most of the story we will plan and write in the coming week. In Maths, we have continued revising and consolidating our knowledge of place value. We have been practising our times tables most days and are becoming much quicker at recall. Swimming is going very well and all the children have already made some progress!

Year 5: The highlight of the week was the visit of the Wonder Dome mobile planetarium. Children enjoyed the stunning visuals of the night sky and the close-ups of the planets and moons which make up our solar system. Along with the informative and entertaining commentary, the planetarium brought to life the children's learning about the features of the planets. It is also helping them with our current focus on why we have night and day, different seasons and international date times.

Year 6: This week we introduced discussion texts and investigated opposing sides in a balanced argument. Students used their knowledge and skills to participate in a debate about whether Victorian workhouses should be kept open or not. It was fantastic to see students using critical thinking and interesting vocabulary when delivering their arguments. In Maths, we focused on long division. Although some students found this concept challenging, they demonstrated resilience and now feel more confident with this division strategy. Year 6 were introduced to the idea of karma in RE and identified strategies to effectively manage anger in PSHE. We continued our work in Science looking into adaptation and evolution. Students were able to engage in an experiment, which investigated Darwin's theory of evolution about finches, specifically different types of bird beaks.

## Notices:

**Parents:** We know that being a parent means that you are constantly making decisions and being busy caring for your child. As you are aware communicating with your child is fundamental to their emotional wellbeing. Drop off and collection times are really important. Greeting your child at the door with a smile and a comment or question can really help develop their self-confidence. Dropping off and collecting your child from school is a great time to develop two-way communication in a fun way without the distraction of a mobile phone.

We are working with your children to develop their speaking and listening skills and their self-confidence. Here are some questions you may like to ask your child when you collect them from school which will help practice these skills.

Tell me about the best part of your day.  
 What was the hardest thing you had to do today?  
 Did any of your classmates do anything funny?  
 Tell me about what you read in class.  
 Who did you play with today?

Can you show me something you learned (or did) today?  
 What challenged you today?  
 If school were a ride at the fair, which ride would it be? Why?  
 What would you rate your day on a scale of 1 to 10? Why?  
 If one of your classmates could be the teacher for the day who would you want it to be? Why?

We are still collecting Harvest donations in the school office – thank you.

Alexandra Primary School has recently been presented with an award from the Mayor of London. See the press release in the news section of the school website. <https://www.alexandra.hounslow.sch.uk/index.php/news/news-detail/world-mental-health-day-2019>

**Please note the date change for the Flu immunisation which is now 14th October.** Y5 children on school journey won't miss out, as a new date will be arranged for them.

## School Attendance:

Current whole school attendance is 96.72%.  
 Congratulations to 5M and 4C for 100% attendance recently.



Please remember that term time leave will be unauthorised.

## Key Dates for the term:

10 <sup>th</sup> September	Year 3 Curriculum Meeting	1st November	4H Class assembly
12 <sup>th</sup> September	Year 2 Curriculum Meeting	4 <sup>th</sup> to 8 <sup>th</sup> November	Parliament Week
13 <sup>th</sup> September	3H Class assembly	<b>5<sup>th</sup> &amp; 7<sup>th</sup> November</b>	<b>Parents Evenings – Nursery Closed on both days</b>
16 <sup>th</sup> September	Year 4 Curriculum Meeting	7 <sup>th</sup> November	APS Parliament Day
17 <sup>th</sup> September	Year 5 Curriculum Meeting	8 <sup>th</sup> November	6NC Class assembly
19 <sup>th</sup> September	5B Sky Studios trip	14 <sup>th</sup> November	Year 2 Fire Brigade visit in school
23 <sup>rd</sup> September	Year 1 Curriculum Meeting	15 <sup>th</sup> November	Year 6 heights and weights
	5F Sky Studios trip	21 <sup>st</sup> November	6K Class assembly
	Year 6 Curriculum Meeting	29 <sup>th</sup> November	Year 5 Fire Brigade visit in school
26 <sup>th</sup> September	Year 6 Coding challenge	3 <sup>rd</sup> December	4C Class assembly
27 <sup>th</sup> September	6C Class assembly	6 <sup>th</sup> December	Year 6 Parliament trip
30 <sup>th</sup> September	5M Sky Studios trip	12 <sup>th</sup> December	5F Class assembly
9 <sup>th</sup> October	Year 6 Victorian Workshop	13 <sup>th</sup> December	KS2 Pantomime
10 <sup>th</sup> October	Lorry awareness Year 4 and Year 5	17 <sup>th</sup> December	Year 2 Nativity
	Year 3 Stone Age workshop	19 <sup>th</sup> December	Christmas Dinner
11 <sup>th</sup> October	5M Class assembly		<b>Last day of the Autumn Term</b>
14 <sup>th</sup> - 16 <sup>th</sup> October	Year 5 Sayers Croft		<b>School closes at 1.30pm</b>
14 <sup>th</sup> October	Flu immunisation Reception to Year 6		
18 <sup>th</sup> October	3S Class assembly	<b>20<sup>th</sup> December - 3<sup>rd</sup> January</b>	<b>Christmas Break</b>
<b>21<sup>st</sup> October – 25<sup>th</sup> October</b>	<b>Half term</b>		

The Spring Term begins on Monday 6<sup>th</sup> January 2020



## Beat the Street Update

Well done everybody who has been playing Beat the Street and keeping healthy. Together you have walked, scooted and cycled 1385 miles! And we are currently 2nd in our group.

Remember there are individual prizes too, just log in to

<https://beatthestreet.me/hounslow>

and register and keep tapping.



### Hounslow Volunteer Police Cadets

- Junior units are from age 10yrs until the end of year 8,
- Senior units are from year 9 until age 18yrs.
- On the first evening you will need to bring a parent/guardian to fill out the paperwork.
- Please turn up wearing school uniform, but also bring a sports kit to the senior sessions.

Lampton School JUNIORS session, Lampton Avenue, Hounslow TW3 4EP

Year 6 (10 years old)- Year 9.

Every Tuesday during term time

5pm-6pm

Lampton School SENIORS session, Lampton Avenue, Hounslow TW3 4EP

Year 9- 18years old.

Every Tuesday during school term time

6.30pm-9pm

Cranford School JUNIORS, Cranford School, High Street, TW5 9PD

Every Thursday during term time

5pm – 6pm

Cranford School SENIORS, Cranford School, High Street, TW5 9PD

Every Thursday during term time

6.30pm – 9pm



**Whole, Happy, Healthy** – our school well-being strategy.



**Anna Freud**  
National Centre for  
Children and Families

# We're talking mental health in our school

We are:

- ★ watching the Talking Mental Health animation
- ★ learning what our mental health is
- ★ learning how to talk about mental health
- ★ learning how to be good listeners

Find out more: [www.annafreud.org](http://www.annafreud.org)

Our Patron: Her Royal Highness The Duchess of Cambridge  
Anna Freud National Centre for Children and Families is a company limited by  
guarantee, company number 05818688, and a registered charity, number 1077106.