

Early Years Weekly Overview

Dear Nursery,
Every Monday, you will see the weekly overview that sets out our learning for the week on the learning section of our school website. Should you have any questions or if you need any further guidance, please email the Nursery team nursery@alexandra.hounslow.sch.uk.
Thank you, The Nursery Team.

This half term our topic is: Traditional Tales

This week we are focusing on: Little Red Riding Hood

Personal, Social and Emotional development

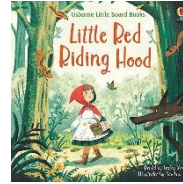
Continuing on from last week where we discussed our feeling when facing challenges, we will be talking about perseverance.

We will read the story 'The Tortoise and the Hare' and discuss what to do if we find something challenging.



Communication and Language

This week we will be focussing on **Little Red Riding Hood**



You can **listen to the story** by clicking here:
https://www.youtube.com/watch?v=ivg_Yc-YDYo

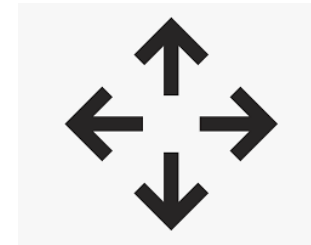
This week's key vocabulary

path, cottage, basket, Grandma, woods, eyes, ears, nose, teeth

Physical Development

This week we are focusing on changing speed and direction.

We will play games outside where the children need to move quickly or slowly, forwards, backwards or sideways.



Literacy

This week we will encouraging the children to speak in longer sentences and to also speak in front of a small group. Using a picture the children will be encouraged to comment "I can see a..."

Phonics

Voice Sounds – This week we will be making lots of different sounds with our voices. For example – whee, bzzzz, boing boing, ch ch ch. We have a new video for you on our website that explains this in more detail.

Maths

This week is all about number **3**.

Can you clap your hands 3 times, jump 3 times, hop 3 times, count to 3, recognise 3 objects? And even recognise the number 3.

Topic/Reading

We hope you enjoy reading your two stories books this week. We look forward to hearing all about them on Friday.

When listening to a story can you add some sound effects? The car makes a broom broom sound, the tap makes a drip drip sound, the keys make a jangling sound etc.

You could bake some cakes and deliver them to friends or family just like Little Red Riding Hood.

Let's Get Moving

Now that your child is in a routine of coming to school every day it is important to allow the time needed for your child to walk, scoot or ride their bike to and from school. Here are some of the reasons that explain why it is now time to leave the push chair/buggy at home and get your child moving.



Walking **strengthens your child's body**. Walking helps to build strength in bones, muscles, hearts and lungs.



Walking **develops your child's motor skills**. Walking is a skill that children need to practice. Every walk improves balance, posture, flexibility and coordination.



Walking and movement can help with **sleep patterns**. Children burn off energy during a walk. Regular physical exercise can improve sleep cycles as well as the quality of sleep that children get.



Walking provides more stimulation and **learning opportunities**. When walking alongside your child you will be able to interact and talk to them more effectively. You might talk about the things you can see around you or how their time at Nursery went.



Walking and exercise **improves mental health**. Research has proven that walking can improve mood and boost feelings of well-being.



Let's



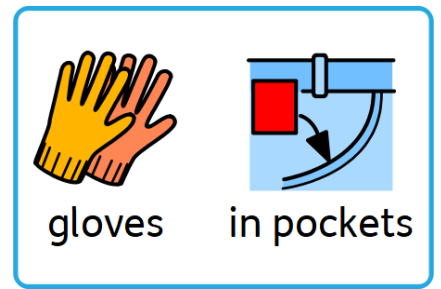
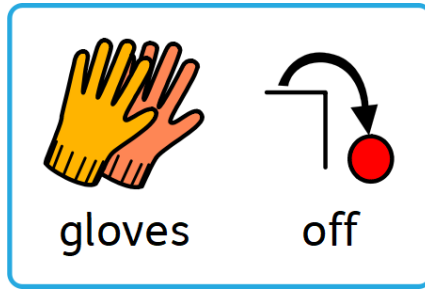
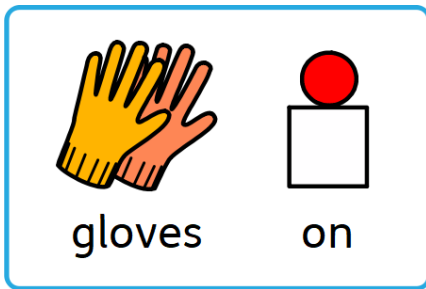
say no

to



buggies!

If you would like to send your child to Nursery with gloves or mittens please teach your child how to put them on and keep them safe in their pockets.



We strongly recommend attaching your child's gloves together with a piece of wool or string. This then threads through the sleeves of your child's coat keeping them in place and ready to wear easily. You can find ideas online of how to make these. Please search for 'mitten minders' for more advice.



We will continue to remind the children about looking after their gloves at Nursery too. Please remember to write your child's names on all of their belongings. Thank you for your support.