

PE for the Spring Term 2022-23

Please find information below, which shows when your child's class will be having PE. On their PE day, please be aware that your child should **come to school in their PE kit**. This is to avoid changing their clothes at school. While we endeavor to maintain the same days as stated below, please ensure that any permanent changes that are necessary to be made will be communicated to you via the class teacher in an email or text.

Please remember that we are continuing to ask for children to **wear a PE kit to school** on their allocated days.

A school PE kit should consist of:



PE T-shirt – The green APS T-shirt (and all school uniform) is available from the Schoolbells website. A plain white T-shirt is acceptable too.

Plain tracksuit bottoms or shorts. (Dependent on weather) Avoid logos and brands.



A school jumper or suitable plain tracksuit top / jumper should be worn over their PE T-shirt in the Winter months.



No jewellery should be worn for PE please.

Plimsolls for indoor PE and trainers for outdoor PE. Please see the timetable on the next page for information for indoor and outdoor PE.

PE days

Class	PE days
Yellow	Monday
Red	Monday
Blue	Monday
1JB	Wednesday (In) and Friday (Out)
1B	Monday (Out) and Thursday (In)
1C	Wednesday (Out) and Thursday (In)
2C	Tuesday (In) and Wednesday (Out)
2S	Tuesday (In) and Friday (Out)
2E	Tuesday (In) and Friday (Out)
3MC	Tuesday (Out) and Thursday (In)
3C	Monday (Out) and Thursday (In)
3E	Monday (Out) and Thursday (In)
4H	Monday and Friday (Swimming)
4S	Monday and Friday (Swimming)
4E	Monday and Friday (Swimming)
5H	Thursday (In) and Friday (Out)
5CB	Tuesday (In) and Friday (Out)
5B	Tuesday (Out) and Thursday (In)
6C	Wednesday (Out) and Thursday (In)
6SC	Tuesday (In) and Wednesday (Out)
6P	Tuesday (Out) and Thursday (In)

*Year 4 pupils will need to bring their Swimming kits every Friday and wear their school uniform to school on Friday. On their other PE day, they would wear their PE kit to school.

Reception classes have one PE day and continue with outdoor activities across the week.