



Sex and Relationships Education Policy

SRE is defined as “learning about emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health” which is underpinned by social, personal, spiritual and moral education.

This policy reflects the values and aims of our School in relation to sex and relationships education and gives a framework in which all staff work and gives guidance on all planning and teaching in this sensitive area.

The school has based the Sex & Relationships Education (SRE) policy on the DfE guidance document Sex and Relationship Education Guidance (ref DfE 0116/2000) and SRE for the 21st Century 2014.

Our sex and relationship education programme will demonstrate and encourage the following values:

- respect for self
- respect for others
- responsibility for own action
- learning to keep yourself and others safe and knowing how to seek help if something is wrong or troubling you
- responsibility for family, friends, school and the wider community

Some aspects of SRE are taught in science and others are taught as part of PSHEE education.

Aims of our SRE programme

Sex and relationships education in this school will be developmental and a foundation for further work in the secondary school alongside parental influence and input at home.

Sex and Relationships education in this school will:

- promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- prepare pupils for the opportunities, responsibilities and experiences for later life

- promote safeguarding which will include e-safety and rights and confidentiality
- prepare pupils from EYFS to Year 6 at a level that is relevant to their development and maturity
- promote equality in relationships
- aim to work in partnership with parents on the content of SRE

Objectives

The following objectives should underpin our thoughts and planning at an age-appropriate level:

- To help the individual child address the change, growth and consequences of physical and emotional development.
- To establish positive relationships, self-restraint, dignity and respect for others and for oneself.
- To understand gender, respecting differences and similarities of the sexes and that both sexes have a responsibility in sexual matters.
- To understand the consequences of personal behaviour and choices.
- To help pupils to attain a general understanding of human reproduction.
- To understand the responsibilities of parenthood and the importance and benefits of stable family life.
- To challenge perceptions of mixed messages about, gender, sex and sexuality from different sources including the media.
- Sex education will be taught in the context of relationships.

Teaching and Learning

We teach SRE through:

- the PSHEE scheme of work
- Science National Curriculum
- through pastoral time
- circle time and story times
- through occasional visits from the school nurse and parents
- Single gender groups will be used when deemed necessary

In answering questions staff will use their professional judgement and deal with each child sensitively. We work on the principle of giving simple answers and only giving as much information as the child seems ready for.

Working with Parents

We aim to work in close partnership with parents with regard to SRE.

Under the Education Act 1996 pupils can be withdrawn by their parents from part of sex education that is outside the compulsory elements of sex education contained in the science National Curriculum. Parents wanting to exercise this right are invited to contact the school.

While parents have a right to withdraw their child from elements of SRE we encourage parents to engage with the school. Materials used will be available to parents before they are used with the children.

Use of visitors

There are various people who can support school based sex education. These people may include the school nurse or health professionals.

Healthy Schools

Alexandra Primary School participates in the National Healthy School standard scheme which promotes health education including SRE.

The Role of the Head Teacher

It is the responsibility of the head teacher to ensure that both staff and parents are informed about the SRE policy and that the policy is implemented effectively. It is also the head teacher's responsibility to ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity.

This policy should be read in conjunction with other documents in the Safeguarding Manual.

Review: Nov 2017