Alexandra
Primary School

SPORTS LEADER

HANDBOOK

Alexandra
Primary School

WELCOME

SPORTS LEADERS

Congratulations on becoming a Sports Leader at Alexandra Primary School. We are very excited to have you on our team where we will be working together throughout the year to deliver Sports across the school.

Your role is very important and you will play a big part in developing the children's engagement and skills in Sport as well as making it accessible for everybody to enjoy.

You will develop many key skills throughout the year and we look forward to having a fantastic and exciting year of sports at APS.

Miss Smith
P.E Lead

Mr Hollins
Teaching/Sports Assistant

SPORTS LEADER VALUES

Alexandra Primary School

Achievement

Being a Sports Leader is a very rewarding role which requires great determination in order to achieve success. We will aspire to bring out everybody's talents across the school by organising challenges appropriate for everybody. We will work together to bring out the best of ourselves, as well as the best of everyone.

Collaboration

We believe in the power of teamwork - cooperating and collaborating to achieve success in Sports. You must always demonstrate good communication and manners as a Sports Leader. Giving your opinion is very important and is a must if we want to succeed, however we must remember to do so in a way that is polite and respectful.

Reliable

As a Sports Leader you will need to learn and demonstrate that you are trustworthy, to be relied on to do the right thing. You must be able to give the time and dedication to be able to succeed in the role and develop your talents. We are looking for this commitment.

Resilience

There will be many tasks to complete as Sports Leaders that may bring upon challenges that we need to face and overcome. We will develop our skills of resilience and perseverance during your role to achieve our goals. We will be a strong support team where we can use each other for support and guidance.

SPORTS LEADER

VALUES

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Creativity

Sports Leaders will create activities that will inspire and celebrate everybody's talents. We will be able to express ourselves through our goals and be a leader and role model to others so we can deliver quality sport throughout the school.

Respect

As Sports Leaders, we will respect everybody at APS and treat everybody fairly and equally. We will ensure our activities and sport challenges are managed and run fairly.

Honesty

We need Sports Leaders to be honest and encourage you to talk with Mr Hollins and Miss Smith about concerns and questions that you might have. Being honest will bring trust and we will be able to work together to ensure any problems are solved quickly and that we have a strong and happy team.

Responsibility

Sports Leaders will carry out our duties with integrity. We will always carry out any task to the best of our abilty. We know that we are one team and we will work as a team to support and be there for each other.

These values underpin our school aims and alongside the UNICEF Right Respecting Articles, help us to Aspire, Perform and Succeed at school.

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UNICEF RIGHTS RESPECTING

ARTICLE 12

You have the right to give your opinion, and for adults to listen and take it seriously.

ARTICLE 28

You have the right to a good quality education..

ARTICLE 29

Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

ARTICLE 31

You have the right to play and rest.

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ROLES & RESPONSIBILITIES

- Display and maintain high standards of language, manners, punctuality, preparation and presentation - **Respect** (APS Values).

- Ensure that players in my care know to respect the rules of the game, insist on fair play and ensure players are aware that cheating or bullying behaviour will not be tolerated - **Responsibility** (APS Values).

- Encourage the development of respect for opponents, officials, selectors and other leaders and avoid criticism of fellow sport leaders - **Respect & Honesty** (APS Values).

- Set realistic goals and appropriate challenges for the participants and respect the capabilities of younger players - **Creativity & Achievement** (APS Values).

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ROLES & RESPONSIBILITIES

- Create a safe and enjoyable environment - **Responsibility** (APS Values).

- Plan and deliver a fun and engaging session around four areas of skills including: agility and speed, ball skills, endurance, coordination and balance for Key Stage 1 children to learn and participate in - **Creativity** (APS Values).

- Keep a record of attendance at training and competitions - **Reliability** (APS Values).

- Encourage young people and other sports leaders to develop and maintain integrity in their relationship with others - **Responsibility** (APS Values).

- Remember to bring my Sports Leaders Handbook to all meetings and complete the necessary tasks as required - **Collaboration** (APS Values).

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LUNCHTIME FOOTBALL RULES

- Sports Leaders to have their whistles, timers and yellow/red cards during games.
- No more than 2 Sports Leaders in a pitch.
- No more than 6 players on a pitch.
- Team that is ready first starts with the ball.
- Sports Leaders to ensure the games are played in a safe and friendly environment.
- Arguing, cheating or persistent fouling are dealt with a warning and yellow card.
- Use of disrespectful language or use of physical actions towards others is dealt with a straight red card and the player is removed from the pitch and taken to an adult.
- Make sure the timer is showed at the end of the match to show that the match has been timed correctly.

Match Timings

1v1 = 2mins
2v2 = 3mins
3v3 = 5mins

Football Days

Mon = Y3
Tues = Y4
Wed = Y5
Thurs = Y6
Fri = Girls

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WHAT WE EXPECT FROM YOU

- [x] SET AN EXAMPLE OF GOOD BEHAVIOUR
- [x] COMPLETE CLASS WORK & HOMEWORK
- [x] DEMONSTRATE SKILLS & GOOD PRACTICE
- [x] BE A TEAM PLAYER
- [x] BE A ROLE MODEL AND LEADER
- [x] GIVE YOUR BEST

These expectations are a necessity in order to be successful in your role as a Sports Leader. If any of these expectations are consistently not met, we will have to review your position as a Sports Leader and you may lose your role.

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WHAT YOU CAN EXPECT FROM US

- WE WILL GIVE YOU THE TRAINING NEEDED FOR YOUR ROLE AND PROVIDE OPPORTUNITIRS TO DEVELOP YOUR ROLE FURTHER.
- WE WILL ENCOURAGE YOU TO BE CREATIVE WITH YOUR IDEAS AND PROVIDE THE EQUIPMENT NECESSARY IN RELATION TO SPORTS.
- WE WILL HELP YOU BUILD UPON YOUR RESLIENCE
- WE WILL BUILD A SAFE SUPPORT NETWORK WHERE YOU FEEL VALUED AND LISTENED TO.
- WE WILL WORK TOGETHER AND DEDICATE TIME IN HELPING YOU AND THE SCHOOL SUCCEED IN SPORTS.

SPORTS LEADER
NOTE PAGE

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AUTUMN TERM

SPORTS LEADER
NOTE PAGE

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SPRING TERM

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NOTE PAGE

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SUMMER TERM

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SPORTS LEADER
AGREEMENT

I will comply with the values and expectations required of a Sports Leader at Alexandra Primary School and will give my very best in order to develop my skills and make the Sports Leader team a success.

Please Sign:

Date:

Miss Smith
Head of P.E

Mr Hollins
Sports
Assistant

Sports Leader

Alexandra
Primary School

LET'S GROW TOGETHER