

Every **Tuesday**, you will see a new chart of activities that you can do to keep yourself busy and your brain active! Please remember to balance your online home learning with activities that promote your well-being. Just as you would at school, make sure you take breaks every so often.

Year Group: 5

Week beginning: 8/6/20

Hello Year 5!

We hope you enjoyed last week's environment-themed activities. This week, we are returning to our usual timetable with some new and some continuing activities. Please do some Maths and English every day using My Maths, Reading Plus and Doodle Maths and English.

My Maths - as well as our allocations for everyone, some of you will also have received **personal allocations**. These are to help you **fill in gaps** in your learning. Please spend time this week working on completing them. They are checked twice a week and new tasks are added as you complete them. If you have not completed them, the completion date will be extended.

My Maths tasks are seen as completed when you get **80% or more**. If you get less than this, you can go back and redo them. Don't forget that you can also use the lessons to help you.

BBC Bite Size has lots of helpful resources to support your learning in Maths, English, Science, Music, PE and other subjects. Resources can be found at:

<https://www.bbc.co.uk/bitesize/tags/zhqppg8/year-5-and-p6-lessons/1>

Please send us examples of your work - both written and any non-computer work, e.g. photos of models or experiments. These can be emailed to:

apsallstars@alexandra.hounslow.sch.uk

Children, if you are **finding things tough or have any worries** and would like to **talk to Mrs Bird**, as you would in school, you can send her an email to:

talktous@alexandra.hounslow.sch.uk

If you have issues logging on, please ask your parent/carer to email the school.

Keep safe and well,

With best wishes from Ms Mayne, Mr Berryman and Miss Forster.



Weekly Creative Home Learning

Reading	Writing	Maths	PE
<ul style="list-style-type: none"> • Reading Plus • Doodle English • Please complete your allocated tasks • Answer the new Retrieval and Inference Questions at the bottom of this grid • Use the pictures to develop your retrieval and inference skills. • Use the Oxford Owl and Audible websites for free books to read (links in Learning/Year 5) • Bug Club - there are lots of books to read allocated by your teacher 	<ul style="list-style-type: none"> • What are the features of a dairy entry? • Write your own dairy for today or yesterday. Remember to include your thoughts and feelings as well as what you did (or didn't do!) • Next, using a highlighter or coloured pencil, identify the different features that make this piece of writing a dairy. Think about the following: <ul style="list-style-type: none"> • Tenses • Pronouns • Content (what you write about) • Style of writing • Organisation and structure • Conjunctions • Vocabulary • Complete your research about young servants at the court of Henry VIII • Use the links in History 	<ul style="list-style-type: none"> • Doodle Maths - please complete your allocated tasks • My Maths Please do the allocated activities - including those especially for you • There are videos here to help you • https://whiterosemaths.com/homelearning/year-5/ • If you need to learn or revise times-tables, please also use: <ul style="list-style-type: none"> • Times Tables Rockstars • Hit the Button • Doodle Times Tables 	<ul style="list-style-type: none"> • This week, why not create your own workout routine to use at home or outside? • Create a list of exercises to complete and challenge members of your family or household! • Joe Wicks PE sessions online Monday-Friday 9am: https://www.thebodycoach.com/blog/pe-with-joe-1254.html • BBC Teach Super Movers https://www.bbc.co.uk/teach/super-movers • Warm-up first with these Disney 10 minute shake-ups https://www.nhs.uk/10-minute-shake-up/shake-ups

Science	Art	History	
<ul style="list-style-type: none"> • What kind of surface allows a toy car to roll the fastest? Or the slowest? • Friction is a force between two surfaces that are sliding across each other. It always slows down or stops a moving object • Watch this video which explains what friction is: https://www.bbc.co.uk/bitesize/topics/zsxxsbk/articles/zxqrdxs • Scroll down and do the two activities • Find lots of fun examples of friction here: https://www.bbc.co.uk/bitesize/topics/zsxxsbk/resources/1 • Make your own experiment to find the answer. Use a toy car (or similar). Find a variety of materials to roll your car across, e.g. a woolly top, a lino floor, wood, carpet, etc • Make a prediction. Make sure the variables are the same. Record your results, noting which materials allow the car to roll fastest • Can you explain what you found out? 	<ul style="list-style-type: none"> • The Tudor Rose was created by Henry VII • It symbolised the joining together of the noble Houses (families) of York and Lancaster when Henry VII (Lancaster) married Elizabeth of York • The Houses of Lancaster and York had been fighting for thirty years - The War of the Roses • The Tudor Rose brought together the families symbols: • The white rose of the Yorks, and • The red rose of the Lancasters • Create your own image of the Tudor Rose • You could use paints or coloured pencils • Or, you could use tissue paper, torn-up magazine strips, fabrics or other materials • You could even sew, knit or embroider it! • Use the template below to help you 	<ul style="list-style-type: none"> • To help you with your Writing, find out as much as possible about the lives of servants in the Courts of the Tudor Kings and Queens • Imagine you are a servant: maybe you are working in the kitchens, the laundry, the stables or the gardens; perhaps you are from a noble family and are a page boy (attendant) to a Lord or Knight who is staying at Court • What jobs did the servants do at the Tudor Court? What hours did they work? Where did they sleep? What did they eat and drink? What did they wear? When did they see their families? How were they treated? • Using your research, imagine what your day would be like • Make a Mind-Map of a servant's life • Write a timeline of your servant's day or week • Use the interview at the bottom of this grid to find out more about a servant's life • Find out what the Tudor Court was like here: https://www.hrp.org.uk/hampton-court-palace/history-and-stories/life-at-the-tudor-court/#gs.7qj496 • Find out more about Henry VIII here: https://www.bbc.co.uk/bitesize/articles/zdj8wtw • You can find some helpful short video clips about Tudor times here: https://www.bbc.co.uk/bitesize/topics/zsgkwmn/resources/1 • Children's jobs in Tudor times https://www.bbc.co.uk/bitesize/clips/zqvb4wx • Children helping prepare food https://www.bbc.co.uk/bitesize/clips/zdc4d2p • Preparing a Tudor banquet https://www.bbc.co.uk/bitesize/clips/zjbg9j6 	



Weekly Creative Home Learning

Music	PSHE	Spanish	DT
<ul style="list-style-type: none"> Last Friday was World Environment Day - so, this week, take some time to really listen to the sounds of nature in your community and environment Listen to the sounds you hear out of your window, on the way to the supermarket or on your daily walks. Write a short paragraph about the sounds of nature that you can hear in the environment around you How does the music of nature and the environment change throughout the day? If you want to explore further, you could record the sounds you hear and create your own original composition! Find out how, here: https://www.bbc.co.uk/bitesize/articles/zrvj2sg 	<p>Rights Respecting</p> <ul style="list-style-type: none"> What would happen if we had no rules at school? Write down a few examples What are rules? Name five rules we have at school How do rules help you? How do they help your class? Challenge: if we had no rules, would we still have rights? For example: Article 28 - you have the right to education Article 31 - you have the right to play and relax 	<ul style="list-style-type: none"> Log onto Language Angels website using your school user name and password (the same as Bug Club and Doodle) Choose 'Pupil Games' Select games to revise and learn new vocabulary Try the new Language Angels Home School Scroll down for the user name and password 	<ul style="list-style-type: none"> This week, we are starting a new project in which we will research, design and make a Tudor crown The first step is to evaluate examples of Tudor crowns First of all, find examples of Tudor crowns on the internet - or look at the examples below Examine them closely: what features do they have in common? Look at their shape, decoration, materials, size, etc What are the most important features of Tudor crowns? Make a sketch of a simplified crown Annotate the key features (briefly describe them) Lego modelling - let's get modelling! Look at https://ideas.lego.com/
RE	Spelling	Grammar	Well-being
<ul style="list-style-type: none"> For the next few weeks, we will be revising what we have learnt about Judaism - one of the world's major religions Use the website below (and your own research) to answer the following questions: When and where did Judaism begin? What do Jews believe in? Who were Abraham and Moses? Why are they important? <p>https://www.bbc.co.uk/bitesize/topics/znwhfg8/articles/zh77vk7</p>	<ul style="list-style-type: none"> Doodle Spelling - complete your allocated tasks Choose ten more words from the attached lists (in Learning/Year 5) Continue to make your picture dictionary by turning the words into pictures that represent the words (what colours, shapes, effects reflect the word?) Practise your spellings using 'look, cover, write, check' Practise your handwriting using the attached booklet (in Learning/Year 5) 	<ul style="list-style-type: none"> Bug Club - complete the tasks allocated by your teacher Use BBC Bite Size videos to help you - these ones are about expanded noun phrases https://www.bbc.co.uk/bitesize/articles/z4d6t39 	<ul style="list-style-type: none"> Practice mindfulness for five minutes every day. Use these websites to inspire you: Cosmic Kids Yoga and Mindfulness (YouTube) GoNoodle has hundreds of movement and mindfulness videos Play Dance Mat Typing. Fun to play and you'll be smiling when you realise you can touch-type! https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr?xtor=ES-211-32402_PANUK_SOT_21_SNO_SendAS1to5Opens_RET]-20200526-[bbcbitesize_dancemattyping_education]



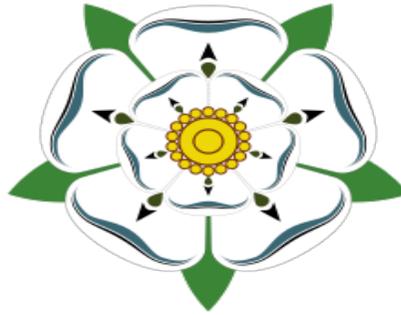
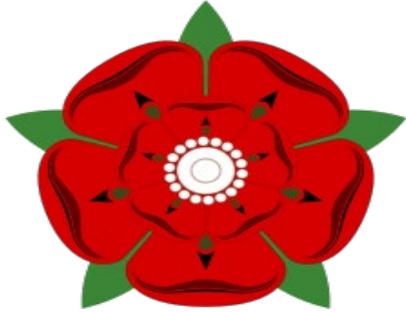
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The red rose of the Lancasters

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The white rose of the Yorks

The Tudor Rose



Examples of Tudor crowns





Retrieval and inference questions



Retrieval questions:

- What is the man doing?
- What kind of weather is it?
- Is he alone or with someone?
- What safety equipment does he have on?

Inference questions:

- What did he jump off?
- Could he get wet?
- What would happen if a hole was made in the parachute?
- What safety precautions would he need before jumping?



Retrieval questions:

What does the picture show?

Where are they?

What is the weather?

Inference questions:

Why are the people running away?

Why are they holding hands?

What could have happened to the house?

Who do you think the people are?

Writing: an Interview with Mistress Anne Harris, laundress to King Henry VIII



Henry VIII's laundress, Mistress Anne Harris tub



King Henry VIII



A laundress at work washing in the tub

Me: Good day to you, Mistress Harris.

Mistress Harris: Good day to you, Mistress Morris.

Me: Tell me, how did you come to get your job as Henry VIII's laundress?

Mistress Harris: My husband was already in the employ of the King, and serving below stairs at court. When a position became available he introduced me. And here I am, in the service of His Majesty, responsible for cleaning all his linen and ensuring that His Grace always has a plentiful supply of clean garments and bandages.

Me: How much do you get paid, and is it a good salary? Does it allow you to live well?

Mistress Harris: I get £10 a year – a good salary indeed! In addition, you must remember that like all servants at court, I receive *bouch of court*, which means all my living expenses, including accommodation and food, are paid for. The only other thing I have to pay for is the cleaning materials, like soap and sweet herbs. The rest of the wages are I earn is money in my pocket! However, as my years are advancing, I pay a strong, young woman to help me with some of the heaviest tasks.

Me: And no-one frowns on this?

Mistress Harris: No! It is my prerogative; I am allowed to spend my wages as I wish.

Me: So you live at court?

Mistress Harris: Indeed, t'is so! I am wherever the king goes. As you know, the court moves about every 6 weeks or so. I have my own cart, and I pack it up with all that is required, whenever the court changes residence.

Me: So, what is a typical day like for you?

Mistress Harris: I am not sure there is a typical day! It all depends on what the King wants, and what he is doing. However, we rise with the sun and break our fast. I get to work early and work 3-4 hours, before dinner is served at 10.30, then back to work until supper, which is usually around 4-4.30 in the afternoon. If the work is finished, we are free to do as we please.

Me: But do you work everyday, or do you get a day off?

Mistress Harris: Well, of course, nobody generally works on Sundays, unless they absolutely have to. I mean some people do, like the cooks, for example; the court needs feeding after all! But I organise myself so that my work is done by Sunday, so that I can attend church and take some rest. However, I will tell you, there is much murmuring about the country presently. With the great changes to the church and the Act of Parliament that has been recently passed, the old saint's days, the holy days – of which there were around 50 – are no longer holidays! So now we must work these days too, and I tell you this – it is very, very unpopular with the common folk. In fact, in some parts of the country, people are refusing to obey and are carrying on as they always have done.

Me: Yes, I see why they are unhappy! So, changing the subject; let's talk about laundry itself. How would the king's linen differ from, say, the linen you are wearing now?

Mistress Harris: Well, I am wearing two different types of linen, my smock, which is of medium grade and then the apron which is much more coarse. The king though has very fine linen. All his garments are controlled by the Office of the King's Wardrobe. Some of the King's shirts, of course, are embroidered with gold or silver thread, and before those shirts are washed, the cuffs and collar need to be removed. Otherwise the thread, which is very expensive, would tarnish.

Me: Do you have a board that you rub the linen across when washing it?

Mistress Harris: Yes, for some things, the smaller items mainly. For large items like sheets, you need to take your shoes and socks off and use you feet to pummel the laundry clean in a big tub called a buck-tub. It is hard work! We add in the sweet-smelling herbs when washing linen, and if the weather is fine, we might dry it outside by, say, laying it over a rosemary bush. The prickly leaves act to keep the linen in place but also transfers it sweet scent. Another good technique is to lay the linen on grass. The grass not only sweetens the smell of the linen, but helps bleach it, as does the action of the sun, of course.



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Me: And after the washing, there is the pressing of the clothes. How do you do this?

Mistress Harris: Well, we have three ways of doing it really. The first is for the larger pieces of linen, like bed sheets. We stretch these tightly across a large wooden frame which literally pulls out any creases. For smaller items, you can either fold them very carefully and put them in a linen press, which is like a screw press; you know, similar to the one used by those who print books, or you can use a slick-stone, which is a small, hand-held, solid glass press that is sort of mushroom-shaped. You would use this to press down upon the linen to smooth out any creases.

Me: So you do this cold, there is no heat involved as we have with our modern-day iron?

Mistress Harris: No, you use it cold. Also, I should say that I get a special allowance to buy slick-stones. They are not the kind of everyday object you can just go to the market and buy. So they are quite an expensive item.



Pummeling washing in a bucktub
grass



A slick-stone, used for pressing clothes



Notice the linen being dried on the
grass

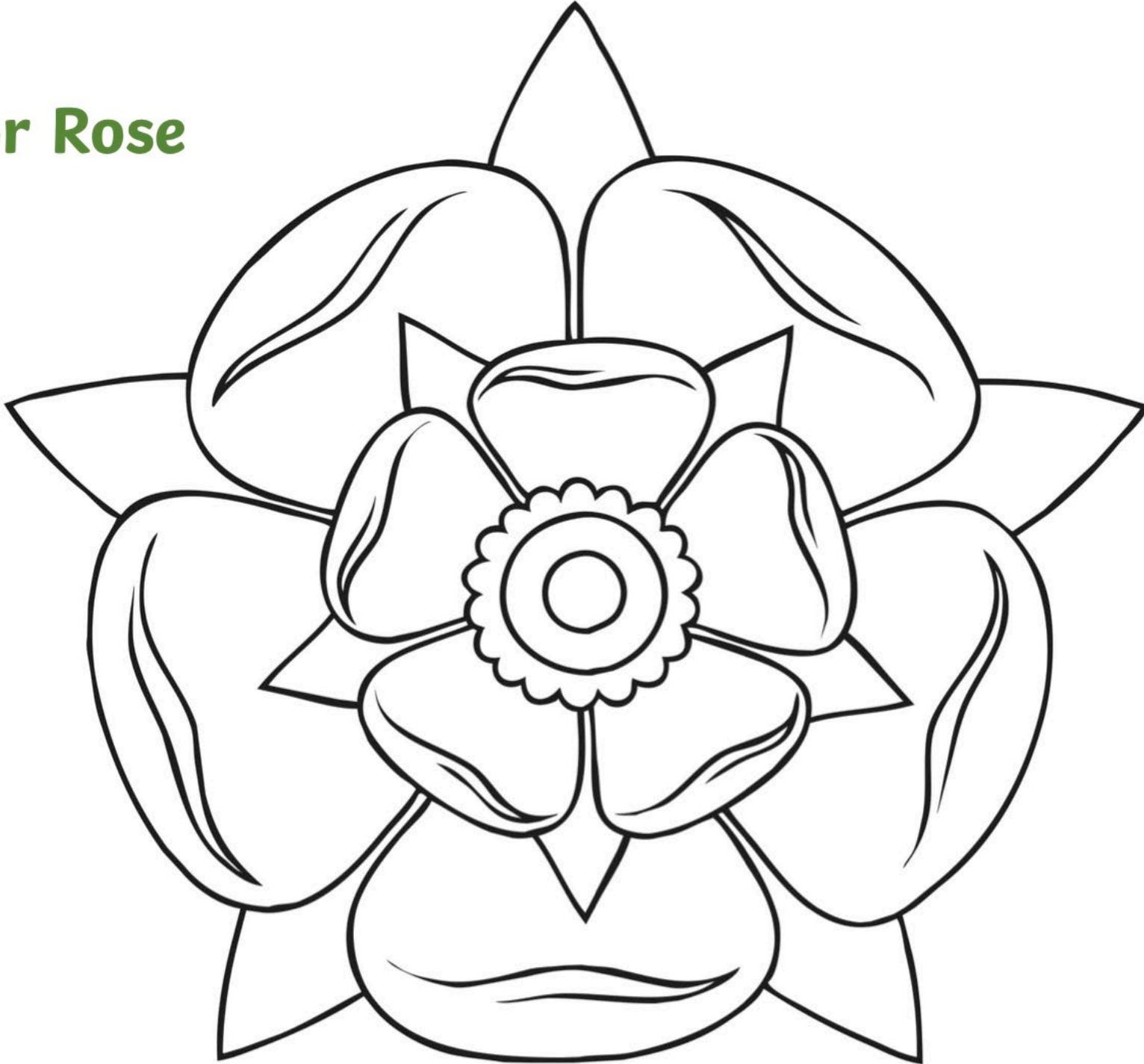


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Aspire, Perform, Succeed

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Tudor Rose



LANGUAGE ANGELS HOME SCHOOL INSTRUCTIONS

These details are specific to our school. They should not be shared with pupils from other schools.



USERNAME

Alexan2020

PASSWORD

lahome

1. Go to [LANGUAGEANGELS.COM](https://www.languageangels.com)
2. Click **LOGIN** in the top right corner of the screen.
3. Select the **HOME SCHOOL** option.
4. On the Home School site click the **LOGIN** button
5. Enter **USERNAME** and **PASSWORD**.
6. Select the **UNIT** you want to study.
7. Select your **LESSON** and click **START LESSON**.
 - Play the **POWERPOINT** (click on speaker icons to play the language recordings).
 - Complete worksheets in the **ACTIVITIES** section.
 - Visit our **GAMES ARCADE** to play interactive games.
 - Click the **KARAOKE** option to sing along to songs.
8. Click **BACK TO DASHBOARD** to select your next lesson.