

Weekly Creative Home Learning

Year Group: 6

Week beginning: 13. 4 2020

Every ***Monday** you will see a new chart of some activities that you can do to keep yourself busy and keep your brain active! Please remember to balance your online home learning with activities that promote your well-being too! Just like you would at school, make sure you take breaks every so often.

Well done for all of your hard work this week – you are all doing so well and we are very proud of you. Remember to send some work into apsallstars@alexandra.hounslow.sch.uk so that we can see what you have been doing. Mrs Carrasco, Miss Carberry and Miss King.

Reading	Writing	Maths	PE
<p>Read different text genres: a biography, classic novel, adventure story, poems, newspaper, cultural story.</p> <p>Audible: In the wake of the novel coronavirus pandemic, Audible is offering hundreds of titles children ages 0-18 completely free of charge. These are available in different languages.</p> <p>Reading Plus, Doodle English, Pixl Unlock: continue logging in and completing your usual activities.</p> <p>Vocabulary Ninja: take a look at this week's words at the bottom of this file. Find the definitions of these words, try to use them in a sentence and then create your own wordsearch for a family member.</p>	<p>Focus text: Rose Blanche</p> <p>Listen and watch the recording of the book here: https://www.youtube.com/watch?v=cQVgniMcuoE</p> <p>You will hear the character, Rose Blanche, describing things she can see, hear, smell, feel and taste. Record these in a table with the following headings:</p> <p>What do you hear? What do you see? What can you smell? What can you taste? What can you feel?</p> <p>As you listen for a second time, imagine that you are there in the story and record other details you may see, hear, smell, feel and taste. Remember to add as much description as possible through expanded noun phrases. For example, <i>the thick, smoke-ridden air</i>.</p>	<p>Online learning: Doodle Maths, Mathletics, MyMaths, Times Table Rockstars. Links are available on the website.</p> <p>White Rose Maths: follow the link below and complete the learning under Week 2 – Scale factors and angles.</p> <p>There are helpful videos to show you how to solve the problems. Answers are available for an adult to check your work with you.</p> <p>https://whiterosemaths.com/homelearning/year-6/</p>	<ul style="list-style-type: none"> • Joe Wicks PE sessions online – Monday-Friday 9am https://www.thebodycoach.com/blog/pe-with-joe-1254.html • Cosmic Kids Yoga and Mindfulness (Youtube) • Spell your own name in exercises: Using the image attached at the bottom of your table, try do some exercise by spelling your own name! <p>For a challenge, do your full name!</p> <p><i>If you aren't sure of any of the exercises, google it or make up your own!</i></p>

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Science	Art	History	Geography
<p>Shadows:</p> <p>Watch the clip below: https://www.youtube.com/watch?v=n4yJTDZKqjo</p> <p>After watching the video, consider the following things:</p> <ul style="list-style-type: none"> - What do you already know about shadows? - How can shadows change in size? - What type of object is needed to make a shadow (opaque, translucent, transparent) and why? - What else is needed to make a shadow? <p>Watch the next video to find out more about shadows and how we are able to see them.</p> <p>https://www.youtube.com/watch?v=IOIGOT88Aqc</p> <p>Your task:</p> <ul style="list-style-type: none"> - Using a light source, see how many different shadows you can make from the list of animals below. 	<p>As you have done lots of research on the Blitz, you can imagine what it would have been like to live during this scary time. You could visualise the lights of the German planes flying over London as they dropped bombs. Although it was during the night, you would be able to see lots of yellow, orange and red colours as a result of the destruction caused by the bomb.</p> <p>Using this imagery, you will create your own landscape art focusing on the Blitz. There are some examples attached at the bottom of this table.</p> <p>You can use a variety of resources to help you make this: colour pencils, felt tips, paints, watercolours, collage from coloured paper, collage from newspaper pictures, crayons.</p> <ol style="list-style-type: none"> 1. Use red, yellow and orange to create your background by colouring in an entire piece of A4 paper. 2. Sketch your chosen landscape on a separate piece of paper. This could include demolished buildings or over the river Thames. If you have black paper, this would be ideal, otherwise just a blank piece of paper is fine. 3. If you used a blank piece of paper, you will need to turn it black by either colouring it in using pieces of black newspaper to create the landscape effect. 4. Remember to send your works of Art to apsallstars@alexandra.hounslow.sch.uk 	<p>During WW2, there were some important historical figures leading the way during the war:</p> <p>Adolf Hitler (Germany) Winston Churchill (Britain) Harry S Truman (USA) Benito Mussolini (Italy) Hideki Tojo (Japan)</p> <p>Your task:</p> <ol style="list-style-type: none"> 1. Choose two of the WW2 world leaders 2. Research their life 3. Present your work in the form of your choosing (such as a poster or PowerPoint) <p>Some key points to research:</p> <ul style="list-style-type: none"> • Where was he born? • Date of birth? • What date did he pass away? • What did he do during his early life? • Who was in his family? • Why is he famous? • Are there any interesting facts about this person? • What key events occurred during the war as a result of this leader's actions? 	<p>. N/A</p>

Weekly Creative Home Learning

PSHE	Spanish	Music	DT
<p>At the moment, there is a lot of negative news being reported in the media. Let's change that!</p> <p>During this week, you are going to become a news reporter yourself and deliver some happy and feel-good news stories! This could be something positive that has happened in your family, community or even in the world.</p> <p>If you are stuck for ideas, you could research some positive new stories and put your own spin on it.</p> <p>You will act as a news reporter, so ask someone in your family to film you reporting on this feel-good news story! We can't wait to see them!</p>	<p>Log in to Language Angels and complete the tasks that have been assigned to you. Remember to finish each task fully.</p>	<p>Listen to the song, <i>White Cliffs of Dover</i> by Vera Lynn: https://www.youtube.com/watch?v=WAaxkAgVkhQ</p> <p>The lyrics are attached at the bottom of the table.</p> <p>As you listen, think about the story of this wartime song and consider how it makes you feel. Listen for a second time and try sing or hum along to the tune.</p> <p>After you have listened to the song a few times and read the lyrics, answer the questions below:</p> <ol style="list-style-type: none"> 1. During which historical event was this song written? 2. What instruments do you hear? 3. Does it have a fast or slow tempo? 4. What is the story of this song? What message is it trying to spread? 5. What comparison can you make between this song and how the world is during this time? 	<p>Using materials around the house, try to create a children's evacuee suitcase.</p> <p>An example is attached at the bottom of the table.</p> <p>You could even create your own evacuee label.</p>  <ul style="list-style-type: none"> - City - Name - Address - Date of birth - School attended



Weekly Creative Home Learning

RE	Spelling	Grammar	Well-being
<p>Sikhism: As we finalise our learning about Sikhism, you will create your own trivia game. You could create a quiz which uses standard questions or multiple-choice questions.</p> <p>For a challenge, you can test your quiz on members of your family.</p> <p>As a reminder this is what we have covered in RE:</p> <ul style="list-style-type: none"> -The life of Guru Nanak -Why he is significant to Sikhs -Who is Guru-Gobind Singh? -what commitments do we have in our lives? -What do we sacrifice for these commitments? -Sikh beliefs about God. 	<p>Look at this week's Vocabulary Ninja words. Ask an adult to test you on the spelling of these words.</p> <p>Think of some ideas and tricks to help you spell these words.</p> <p>Doodle Spelling: Log on to doodle spelling to test your spelling skills!</p>	<p>Synonym memory game: A synonym is a word that has the same or similar meaning to another. For example: a synonym of happy is joyful. Use the words below and include another 5 pairs of your own to create your own memory game. If you get stuck, you can always use a thesaurus to help you: https://www.thesaurus.com/</p> <ul style="list-style-type: none"> - happy / cheerful - lonely / isolated - appreciation / gratitude - brutal / ferocious - caring / considerate 	<p>Look at the wellbeing calendar attached and try to follow each day. Try to get your family involved too 😊</p> <p>Remember to check in with yourself every day.</p> <p>Make sure you are getting enough sleep, drinking plenty of water and eating healthy food. Ensure you are taking time away from screens and getting some exercise too. Remember to talk to your family and friends about how you are feeling at this time.</p>

Weekly Creative Home Learning

PE: Spell your own name in exercise!

Science: Shadow

Puppets

A	50 Jumping Jacks	N	25 Burpees
B	20 Crunches	O	40 Jumping Jacks
C	30 Squats	P	15 Plyo Lunges
D	15 Push-ups	Q	30 Crunches
E	1 min. Wall Sit	R	15 Push-ups
F	10 Burpees	S	30 Jump Squats
G	20 Plyo Lunges	T	15 Burpees
H	20 Jump Squats	U	30 Tricep Dips
I	30 Jumping Jacks	V	2 min Wall Sit
J	1 min Plank	W	50 Calf Raises
K	10 Pushups	X	60 Jumping Jacks
L	20 Tricep Dips	Y	2 min Plank
M	20 Burpees	Z	20 Push-ups



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DT: Create your own evacuee suitcase



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Music: White Cliffs of Dover Lyrics

There'll be bluebirds over
The white cliffs of Dover
Tomorrow
Just you wait and see
There'll be love and laughter
And peace ever after
Tomorrow
When the world is free
The shepherd will tend his sheep
I know the valley's gonna bloom again
And Jimmy will go to sleep
In his own little room again
Well, there'll be bluebirds over
The white cliffs of Dover
Tomorrow
Just you wait and see
Just you wait and see
When the world is free
Just you wait and see
When the world is free
When the world is free
Come on and wait and see
When the world is free
You gotta wait and see

Spelling: Vocabulary Ninja

This Week's Words

Grasshopper

continue

rust

parcel

meadow

rectangular

Shinobi

contradict

flicker

glimpse

muffle

private

Vocabulary Ninja

'Words unlock the doors to a world of understanding'



Weekly Creative Home Learning

Year Group: 6

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Wellbeing: April Calendar




ACTIVE COPING CALENDAR: APRIL 2020




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"Everything can be taken from us but one thing: the freedom to choose our attitude in any given set of circumstances" ~ Viktor Frankl</p>			<p>1 Make a plan to help you keep calm and stay in contact</p>	<p>2 Enjoy washing your hands. Remember all they do for you!</p>	<p>3 Write down ten things you feel grateful for in life and why</p>	<p>4 Stay hydrated, eat healthy food and boost your immune system</p>
<p>5 Get active. Even if you're stuck indoors, move & stretch</p>	<p>6 Contact a neighbour or friend and offer to help them</p>	<p>7 Share what you are feeling and be willing to ask for help</p>	<p>8 Take five minutes to sit still and breathe. Repeat regularly</p>	<p>9 Call a loved one to catch up and really listen to them</p>	<p>10 Get good sleep. No screens before bed or when waking up</p>	<p>11 Notice five things that are beautiful in the world around you</p>
<p>12 Immerse yourself in a new book, TV show or podcast</p>	<p>13 Respond positively to everyone you interact with</p>	<p>14 Play a game that you enjoyed when you were younger</p>	<p>15 Make some progress on a project that matters to you</p>	<p>16 Rediscover your favourite music that really lifts your spirits</p>	<p>17 Learn something new or do something creative</p>	<p>18 Find a fun way to do an extra 15 minutes of physical activity</p>
<p>19 Do three acts of kindness to help others, however small</p>	<p>20 Make time for self-care. Do something kind for yourself</p>	<p>21 Send a letter or message to someone you can't be with</p>	<p>22 Find positive stories in the news and share these with others</p>	<p>23 Have a tech-free day. Stop scrolling and turn off the news</p>	<p>24 Put your worries into perspective and try to let them go</p>	<p>25 Look for the good in others and notice their strengths</p>
<p>26 Take a small step towards an important goal</p>	<p>27 Thank three people you're grateful to and tell them why</p>	<p>28 Make a plan to meet up with others again later in the year</p>	<p>29 Connect with nature. Breathe and notice life continuing</p>	<p>30 Remember that all feelings and situations pass in time</p>		

ACTION FOR HAPPINESS







www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind